



Your Invitation to a

Clearly Confident - Executive First - Personal Development Package

If you're the sort of person who has been traditionally responsible for others, perhaps the head of your own organisation or high powered department, you may be engrossed in looking after others and could have missed out on looking after yourself.

Everyone needs to invest in themselves from time to time, it's part of our moving professionally through change. And this is probably the best investment you'll ever make to your own personal change and development.

“Enlightening”

“Caring”

“Rewarding”

“Enables me to move onwards and upwards”

Here's your chance to have your very own red letter day, learning new information unique to you. Your exclusive personal development package, allows you to move forwards and upwards with how you feel and behave. This impacts positively, not only on yourself, but on those around you whether in your professional business life or in your personal surroundings.

This full day, tailored individually to achieve solely your aims and objectives, is run by Sally Hanley (image coach) and Anne Ellis (life coach). We're probably a similar sort of age to you with backgrounds within blue-chip engineering and banking.... So we've been around a little while and can relate to your experiences and disappointments.

Spend Your full day with us in fabulous surroundings, enjoy a light lunch and all refreshments, receive a comprehensive lifestyle development plan – tailor-made for you throughout the day, and leave feeling refreshed and liberated.

Our normal fee for this is worth well over £900, for a limited time only we're prepared to offer you this fantastic opportunity, at 50% discount.

Need to know more? Call or email either of us and we'll be in touch

Sally 01904 702734

sallyhanley@btinternet.com

Anne 01423 330965

anne@aecoaching.info

Sally Hanley of First Impressions Image (Master of the Federation of Image Consultants, MAR)
Anne Ellis of AE Life Coaching (Cert & Dip Life Coaching, Level 2 Initial Counselling Skills)

Sally Hanley is an established, accredited image consultant with over 14 years experience helping people to achieve their full potential through personal branding and image self-expression.

Anne Ellis is a Personal Life Coach who helps people effectively use their thoughts, beliefs and behaviours to improve and enhance their self confidence.